

here is the document that will allow you to find your life's mission!



## IKIGAI (生き甲斐)

means "a reason for being"

It's the perfect balance of skills, knowledge and activities that you LOVE, are GOOD AT, can be PAID FOR and the world NEEDS

Find your true purpose today ikigaitest.com

## How to find your Ikigai!

You can only apply your Ikigaï when you already know what you want for yourself. For many, this requires a good deal of introspection and research. But that doesn't stop you from starting to fill your Ikigai with what you already know, like in this exemple.

You can also download a template to fill in by clicking here, then editing it with your favorite image editor or printing it.

Start by filling in the circles with words, ideas, pictures or phrases that apply to "What you like", "What you are good at", "What the world needs", "What you will be paid for ". If necessary, ask yourself these below questions to clarify your thinking:

#### What do you LIKE?

What do you enjoy doing? What touches you? What passions do you have?

### What are you GOOD at?

What are your talents and how can you develop them? What are you proud of? What are you doing useful for others?

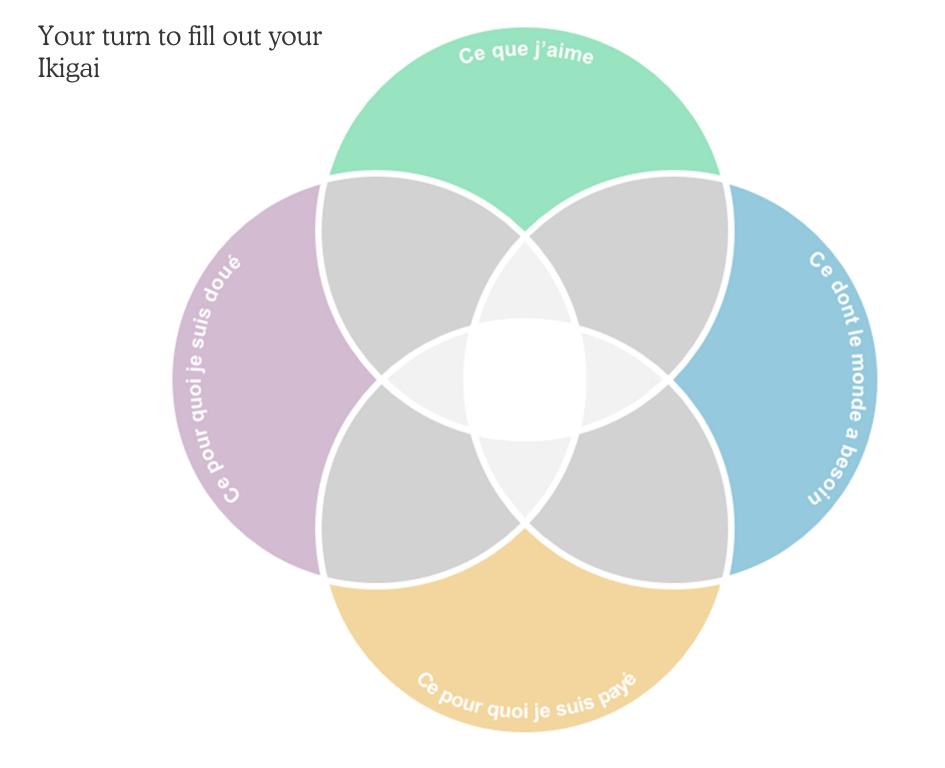
#### What the world **NEEDS**?

How can you contribute to the world? What changes do you want to make to the world?

### What to get PAID for?

What skills can you monetize? What are your valuable ideas?

THE BIGGEST MYSTERY LIES AHEAD



# Thanks to invest in yourself

With this information we'll be able, to create your canvas!

Visit <u>latoile.ouriel.org</u> for all the details



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